



Books:

- Active Birth - Janet Balsas
- Birth and Breastfeeding - Michel Odent
- Birthing from Within - Pam England and Rob Horowitz
- Birth Partner - Penny Simkin
- Birth Without Violence - Frederick Loboyer
- Childbirth Without Fear - Grantly Dick Read
- Complete Book of Breastfeeding - Marvin S. Eiger and Sally Wends Olds
- Complete Book of Pregnancy and Childbirth - Sheila Kitzinger
- Gentle Birth, Gentle Mothering - Sarah Buckley
- Gentle Healing for Baby and Child - Andrea Candee
- Happiest Baby on the Block - Harvey Karp
- Health Sleep Habits, Happy Child - Marc Weisbluth
- Hypnobirthing - Marie F. Mongan
- Ina Mays Guide to Childbirth - Ina May Gaskin
- Natural Hospital Birth - Cynthia Gabriel
- Pregnancy, Childbirth and the Newborn - Simkin, Whalley, Keppler
- Spiritual Midwifery - Ina May Gaskin
- What Does a Doula Do? - Kim Turton
- Wise Woman Herbal for the Childbearing Year - Susan Weed
- The Womanly Art of Breastfeeding - La Leche League

DVDs:

- Babies - This documentary follows four babies on four continents throughout their first year.
- Birth Into Being - Waterbirths in Russia
- Birth Story - The story of Ina May Gaskin and The Farm Midwives.
- Breech in the System - Giving Birth Naturally Within the Medical System
- Business of Being Born - A must see for every parent-to-be.
- Doula! The Ultimate Birth Companion
- Dr. Jack Newman's Visual Guide to Breastfeeding