

PRACTITIONERS

Midwives

Canopy (North Shore)
Midwifery Group
Strathcona (great for LGBTQ+ folks)
Westside
Coast Midwives
Bloom

Pregnancy/PP Practitioners

College of Massage - offers low cost services!
Rebekka Brandli - RMT, works out of Family Center Therapeutics
Dr Stephanie Boon - Chiro
Willow Counselling - specifically for PPD
Shaz - Craniosacral Therapy (also LC!) can be included in our Bunky lactation consultant packages
Mama Method - Gentle movement therapy for coming back to your body post baby

Acupuncture

Acumamas
Amanda Buckle

Pelvic Floor Physio

Dayan
The Cheerful Pelvis (our top pick!)

Services

Placenta Encapsulation - Bunky!
Chef at Home - Bunky!
Lactation Consultant - Bunky!
Saucy Bottoms - cloth diapering delivery/pick - up

Childbirth Classes

Baby Prep - great for the intense planners/info gatherers
Childbearing Society - well rounded for all types of births, community oriented. Bfeeding class included! (discount code in our client portal)

General Classes

Safe Beginnings - amazing CPR & safety programs, send parents when kids start solids (not before!)

Parenting Practitioners

Oh Baby Nutrition - eBooks on nutrition/first foods (Carley is awesome & a radical birther herself!)

Sleep Consulting

Dawn Whittaker - more militant approach, but apparently fool-proof (also a parenting coach!)
Baby Buena Notte - more intuitive/parent-led
Hilary Cole

Naturopaths

Dr Alexandra Power (a Bunky Mom! - focuses on Women's health)
Dr Rory Gibson (a Bunky Dad! - loves to support Dads)
Dr Giselle LeFebvre

Lactation Consultants

Shaz of Mama Milk (resident Bunky LC!) - crunchy, intuitive, baby-led
Vancouver BFeeding Clinic - be careful! They can be quite intense here and are word things in the not most kind manner...